

Teaching Inclusive Sex Education



Digital Resource Guide



State Policy & Guidelines

[Vermont Sexual Health Education Resource Guide](#)

[Essential Topics in Sex Education](#)

[Full Spectrum: Educators' Guide to Implementing Inclusive Sex Ed](#)

[Best Practices for Working with LGBTQ+ Youth](#)



Standards & Assessment Tools

[National Sex Education Standards](#)

[Sex Education Collaborative Professional Learning Standards Self Assessment Tool](#)

[SparkED LGBTQ+ Inclusivity Content Knowledge: Self Assessment Tool](#)



Curriculum & Lesson Plans

[Advocates for Youth Rights, Respect, Responsibility Curriculum](#)

Free

[The Healthy Teen Network
Many Ways of Being Sex Ed Curriculum](#)

Free

[In•cluded LGBTQ+ Centered Sex Education](#)

For Purchase

[Family Life and Sexual Health \(FLASH\) Sex Ed Curriculum](#)

For Purchase





Action & Advocacy

[Advocates for Youth Envisioning the Future of Sex Education Toolkit](#)

[SEICUS Community Action Toolkit](#)

[WISE Practical Guide to Implementing Sex Education](#)



Resources for Youth

[Amaze Videos](#)

[Scarleteen](#)

[Trevor Project Youth Guide to Coming Out](#)

[Planned Parenthood Sex Ed To Go](#)

[Advocates for Youth Busy Bodies Club](#)

[Hazing, Harassment and Bullying Toolkit: A Guide for Students](#)



Resources for Families & Caregivers

[The Vermont Network Askable Adult Toolkit](#)

[Planned Parenthood Tips for Talking with Your Kids](#)

[Sex Positive Families](#)

[UUA Caregivers as Sexuality Educators](#)

[ACLU of Vermont: Know Your Rights for Families and Caregivers of LGBTQ+ Youth](#)

[Outright Vermont Handling with Care: A Toolkit for Parents and Caregivers of LGBTQ+ Youth](#)





Resources for Educators

[ACLU of VT and GLAD Law Opt-Out FAQ: Education in Vermont After Mahmoud v. Taylor](#)

[Advocates for Youth Classroom Scenario Simulator](#)

[CARDEA Guide to Trauma-Informed Sex Education](#)

[GLISEN Educator, Staff, and Administrator LGBTQ+ Advocacy Guide](#)

[The FLASH Curriculum Guide to Answering Students' Questions](#)

[Planned Parenthood Teaching Gender and Sexual Orientation](#)

[Practical Guidance for Teachers: Supporting the Families of Gender Nonconforming Children](#)

[The Rainbow Guidebook: Supporting LGBTQ+ People with Intellectual and Developmental Disabilities](#)

[The Sex Education Collaborative Centering Racial Justice in Sex Education](#)

[Responding to LGBTQ+ Pushback: Templates from Dr. Laura Pascoe](#)



**"Inclusive sex ed matters to me because we, as youth, deserve to get an education that includes and respects us and our identities."
—Outright Youth**

